



Core Spring Clinic 2023- Five Week Program

Start: April 17, 2023

Days: Clinic- Monday, Tuesday, and Thursday

Wednesdays will be Open Swim (for swimmers, family, and friends) for \$5. Scheduled for 6pm. Swimmers must be with an adult for Open Swim.

Times:

4:00 pm to 5:30pm Seniors and High School

5:30-6:00 pm Minis

6:00-7:00 pm- Juniors

****Times may be adjusted based upon enrollment****

(Swimmers new to CORE should come to a practice for an evaluation to determine group placement)

Program: One week of each stroke plus a week of fundamentals out of the water

Cost: Seniors and High School \$200

Minis- \$150

Juniors- \$175

We accept Cash or Check to "Neshaminy Core Swimming"- Please bring payment in a marked envelope to your first practice.

Please [REGISTER HERE](#) or at our website <http://coreswimming.com/>